## GIFTS AND TALENTS CHECKLIST

Put a check mark beside the gifts and talents you have, or would like to develop:

- ☐ Mathematics
- ☐ Drama
- ☐ Music
- ☐ Writing / Reading
- ☐ Listening
- ☐ Science
- ☐ History
- ☐ Interpersonal skills
- ☐ Athletics
- ☐ Creative
- ☐ Mechanical
- ☐ Making things happen
- ☐ Languages
- ☐ Loving
- ☐ Careful
- ☐ Outgoing
- ☐ Hands on
- ☐ Good with technology
- ☐ Fun
- ☐ A risk taker
- ☐ Honest
- ☐ Helpful
- ☐ Physically strong
- ☐ Hard working
- ☐ Cheerful / Positive
- ☐ Leading others
- ☐ Memorizing
- ☐ Building things
- ☐ Accepting others
- ☐ Decision-making
- ☐ Being fair and just
- ☐ Teaching
- ☐ Self-control
- ☐ Conscientious
- ☐ Caring for animals
- ☐ Artistic
- ☐ High level of integrity
- ☐ Consistent
- ☐ Loyal and trustworthy
- ☐ Confident
- ☐ Courageous
- ☐ Good sense of humour
- ☐ Determined
- ☐ Organized
- ☐ Responsible
- ☐ Spiritual
- ☐ Predicting the future
- ☐ Caring for children
- ☐ Team player
- ☐ Good with money
- ☐ Planning ahead
- ☐ Nurturing
- ☐ Other ________
- ☐ Other ________

What are five of your greatest gifts and talents?

1. 
2. 
3. 
4. 
5. 

What five things would you like to be better at?

1. 
2. 
3. 
4. 
5. 